

**Nutrition, Metabolism and Cardiovascular Diseases (NMCD)**  
**Volume 18, Issue 9, Pages 581-646 (November 2008)**

**Editorial**

Adiponectin and cardiovascular risk prediction: Can the ambiguities be resolved?

S. Goya Wannamethee

pages 581-584

[Full Text](#) | [Full-Text PDF \(107 KB\)](#)

**Original Articles**

[The Italian Diabetes and Exercise Study \(IDES\): Design and methods for a prospective Italian multicentre trial of intensive lifestyle intervention in people with type 2 diabetes and the metabolic syndrome](#)

Stefano Balducci, Silvano Zanuso, Massimo Massarini, Gerardo Corigliano, Antonio Nicolucci, Serena Missori, Stefano Cavallo, Patrizia Cardelli, Elena Alessi, Giuseppe Pugliese, Francesco Fallucca, for the Italian Diabetes Exercise Study (IDES) Group

pages 585-595

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(298 KB\)](#)

[Effects of oleic acid and macrophage recruitment on cholesterol efflux in cell culture and in vivo](#)

Olga Stein, Yedida Dabach, Mazal Ben-Naim, Gideon Halperin, Yechezkiel Stein

pages 596-601

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(226 KB\)](#)

[The glycemic index of bread and biscuits is markedly reduced by the addition of a proprietary fiber mixture to the ingredients](#)

Franca Marangoni, Andrea Poli

pages 602-605

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(102 KB\)](#)

[Breakfast cereal is associated with a lower prevalence of obesity among 10–12-year-old children:](#)

[The PANACEA study](#)

Demosthenes B. Panagiotakos, George Antonogeorgos, Anastasios Papadimitriou, Michael B.

Anthracopoulos, Marios Papadopoulos, Maria Konstantinidou, Andrew Fretzayas, Kostas N. Priftis

pages 606-612

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(139 KB\)](#)

[Central adiposity and left ventricular mass in obese children](#)

P. Di Bonito, B. Capaldo, C. Forziato, E. Sanguigno, T. Di Fraia, C. Scilla, L. Cavuto, F. Saitta, G. Sibilio, N. Moio

pages 613-617

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(128 KB\)](#)

[Modulation of methylglyoxal and glutathione by soybean isoflavones in mild streptozotocin-induced diabetic rats](#)

Mei-Ping Lu, Rui Wang, Xiuyuan Song, Xiaoxia Wang, Lingyun Wu, Qing H. Meng

pages 618-623

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(208 KB\)](#)

[Hyperinsulinemia and insulin resistance are independently associated with plasma lipids, uric acid and blood pressure in non-diabetic subjects. The GISIR database](#)

Enzo Bonora, Brunella Capaldo, Paolo Cavallo Perin, Stefano Del Prato, Giancarlo De Mattia, Lucia Frittitta, Simona Frontoni, Frida Leonetti, Livio Luzi, Giulio Marchesini, Maria Adelaide Marini, Andrea Natali, Giuseppe Paolisso, Pier Marco Piatti, Arturo Pujia, Anna Solini, Roberto Vettor, Riccardo C. Bonadonna, on behalf of the Group of Italian Scientists of Insulin Resistance (GISIR)

pages 624-631

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(165 KB\)](#)

[Importance of glycemic control on the course of glomerular filtration rate in type 2 diabetes with hypertension and microalbuminuria under tight blood pressure control](#)

Karl Thomasset, Giovanni Pacini, Patrizia Morelli, Giancarlo Tonolo, Romano Nosadini

pages 632-638

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(150 KB\)](#)

## **Review**

[Future perspectives on glucagon-like peptide-1, diabetes and cardiovascular risk](#)

E. Mannucci, C.M. Rotella

pages 639-645

[Abstract](#) | [Full Text](#) | [Full-Text PDF \(155 KB\)](#)

## **Letters to the Editor**

The consumption of soy products positively affects DNA resistance to oxidative stress in healthy subjects **ONLINE ONLY**

Angela Spadafranca, Daniela Erba, Paola Foti, Giulio Testolin

pages e45-e46

[Full Text](#) | [Full-Text PDF \(123 KB\)](#)

Insulin resistance to both glucose and aminoacid metabolism in a patient with Fatal Familial Insomnia **ONLINE ONLY**

Stefano Benedini, Pietro Cortelli, Andrea Caumo, Ileana Terruzzi, Manolo Beelke, Gianluca Perseghin, Pasquale Montagna, Elio Lugaresi, Livio Luzi

pages e47-e48

[Full Text](#) | [Full-Text PDF \(84 KB\)](#)